

**Wheaton Park District
Lincoln Marsh Teams & Ropes Course
Waiver and Release of All Claims and Assumption of Risk**

IMPORTANT INFORMATION

- The Wheaton Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The Wheaton Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect each participant's safety. However, participants and parents/guardians of minors registering for this program/activity must recognize that there is an inherent risk of injury when choosing to participate in recreational activities.
- You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.
- On occasion, park district staff may photograph or videotape participants in park district classes/programs or at park district facilities/events. These photos and videotapes are for park district use only, and may be included in publications, brochures, pamphlets, flyers and videos.

WARNING OF RISK

The Lincoln Marsh Teams & Ropes Course is a series of challenging activities that engage the physical, mental and emotional resources of each participant. However, despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury, including cervical spine injury and head/brain injury. Understandably, not all hazards and dangers associated with the Teams & High Ropes Course can be foreseen. Participants must understand that certain risks, dangers, and injuries due to acts of God, inclement weather, slipping or falling, insects, defective equipment, failure in supervision or instruction, premises defects and other circumstances inherent to outdoor settings and recreational activities can exist. In this regard, it must be recognized that it is impossible for the Wheaton Park District to guarantee absolute safety.

Please read this form carefully and be aware that in signing up for and participating in this program you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program.

I recognize and acknowledge that there are certain risks of physical injury to participants in the Teams & Ropes Course, and I voluntarily agree to assume the full risk of any and all injuries, damage or loss, regardless of severity, that my minor child/ward or I may sustain as a result of participating in any and all activities connected with or associated with the Lincoln Marsh Teams and/or Ropes Course.

I further agree to waive and relinquish all claims I or my minor child/ward may give (or which accrue to me or my child/ward) as a result of participating in this program/activity against the Wheaton Park District, including its officials, agents, volunteers, and employees (hereinafter collectively referred to as "Park District").

I do hereby fully release and forever discharge the Park District from any and all claims for injuries, damages or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with the Teams and/or Ropes Course.

I have read and fully understand the above important information, warning of risk, assumption of risk, and waiver and release of all claims. If registering via fax, my facsimile signature shall substitute for and have the same legal effect as an original form signature.

PLEASE PRINT Participant's Name _____

Date: _____ Participant's Signature _____
(Parent/guardian MUST sign for participant under 18)

**PARTICIPATION WILL BE DENIED
If the signature of adult participant or parent/guardian are not on this waiver.**